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Inside this Issue:

Mercy Arrives at Indonesia's Simeulue Island	2
Tripoli Named 2006 Military Times Sailor of the Year	3
Seabees Improve Local Medical Center	3
Navy Medical Personnel to Deploy to Landstuhl Military	4
Quantico Supports Armed Services Blood Drive	5
Lejeune Hospital Welcomes New Skipper	5

Items of Interest:

- Heat Stroke.** During the summer months, people enjoying outdoor activities should keep in mind that heat stroke is an ever-present threat. No matter how physically fit you may be, heat stroke can happen. There are a few precautions you can take to keep yourself from suffering from heat stroke: dress for the heat, drinks lost of fluids (stay away from caffeine and alcohol), eat small meals and eat more often, avoid salt, stay indoors whenever possible, take regular breaks, and slow down.
- Hurricane preparedness.** Don't wait until a hurricane is about to hit your area. To learn about hurricane preparedness, visit www.fema.gov

Navy and Marine Corps Medical News

A Public Affairs Publication of the Bureau of Medicine and Surgery

MCPON Campa Takes Helm of Enlisted Force

By Mass Communication Specialist 1st Class (SCW) L. A. Shively, Master Chief Petty Officer of the Navy Public Affairs

WASHINGTON - Master Chief Petty Officer of the Navy (MCPON) (SW/FMF) Joe R. Campa Jr. took the helm of the enlisted force as the Navy's eleventh MCPON, receiving the ceremonial cutlass from MCPON (SS/AW) Terry D. Scott, in a change of office ceremony at the Washington Navy Yard, July 10.

The ceremony marked the conclusion of a 29-year Navy career for Scott, who held the office of MCPON the past four years.

"He led," said Adm. Mike Mullen, Chief of Naval Operations (CNO). He elaborated, explaining how Scott's leadership engaged Sailors

to "bring all manner of people together to solve problems."

Mullen stressed that many of the new programs for today's Sailors were a result of Scott's efforts, such as greater educational benefits, redesigned uniforms that are more attractive and durable, plus incorporating a "culture of fitness" aimed at improving both physical and mental health.

The CNO also recognized that Scott continued to work until his very last day in office, giving a recent interview to a major news station about the problem of predatory lenders, businesses targeting Sailors for payday or title loans with enormous interest rates.

(Continued on page 3)



WASHINGTON, D.C. - Master Chief Petty Officer of the Navy (MCPON) Joe R. Campa Jr. offers his first remarks as MCPON after receiving the ceremonial cutlass from MCPON Terry D. Scott during a ceremony at the Washington Navy Yard, July 10. Campa was selected to become the Navy's eleventh MCPON while serving as Command Master Chief Joint Task Force Guantanamo Bay. U.S. Navy photo by Mass Communication Specialist 1st Class Brandon W. Schulze

Mercy Arrives at Indonesia's Simeulue Island

From USNS Mercy Public Affairs

SIMEULUE ISLAND, Indonesia - The U.S. Naval hospital ship USNS Mercy (T-AH 19) arrived off the coast here July 12 to provide humanitarian and civic assistance to the people in the area.

This mission reflects longstanding ties between the United States and Indonesia, as well as continued U.S. commitment to work together to address mutual problems and concerns. The five-month deployment began April 24 and includes stops in the Philippines, Bangladesh, Indonesia and East Timor.

Mercy's assistance to Indonesia during this deployment began more than a month ago after a devastating earthquake struck the island of Java, May 27. Several Mercy Sailors were sent to aid in relief efforts while the ship was still in the Philippines.

"When we got there, we saw the destruction. Homes had fallen and other commercial buildings had fallen. There was destruction everywhere," said Lt. Steven Santoyo, a family practice doctor who assisted in the earthquake relief effort. "We would see anywhere from 300 to 500 patients a day."

"Everything worked out perfectly," he said. "It was an incredible experience because everyone worked as a team. Everyone was there for the same mission."

The ship's mission is being carried out in conjunction with nongovernmental organizations (NGO), and in close coordination and partnership with local medical care professionals. Volunteers from Aloha Medical Mission, Project HOPE and the University of California at San Diego's Pre-Dental Society joined Mercy, along with a contingent of military medical specialists from the U. S., India, Singapore and Canada.

"It is important that we do everything we can to show our commitment to the nongovernmental organizations we will work with. They are able to open doors for us and provide insight in places that we in the military might not know," said Capt. Bradley D. Martin, Mercy mission commander.

Earlier in this deployment, the Mercy medical staff treated numerous patients and performed a wide variety of medical procedures including surgeries and performance of dental procedures during visits to Chittagong, Bangladesh; and Zamboanga, Jolo and Tawi-Tawi, the Philippines.

The crew aboard Mercy will partner with the local Simeulue hospital as the host nation patient screening and referral site for professional exchanges, such as OB/GYN, general surgery, pediatric services and biomedical equipment repair.

"We'll get to see people who



SIMEULUE ISLAND, Republic of Indonesia - The Governor of Simeulue Island, Buphati Dr. Darmili, gets his blood pressure taken by Lt. Tara Collins during a tour aboard the U.S. Military Sealift Command (MSC) hospital ship USNS Mercy (T-AH 19), while the ship provides humanitarian and civic assistance to the people of Simeulue Island. *U.S. Navy photo by Mass Communication Specialist Seaman Apprentice Mike Leporati*

wouldn't otherwise get to see the doc so easily," said Santoyo. "It may be anywhere from colds and flu to infections and urgent problems. We are looking forward to it being able to help these people in remote areas."

U.S. and host nation governmental and private agencies have been planning the myriad details that go into this mission, including two days of medical and dental civil action projects that will provide focused humanitarian assistance to the people of Simeulue.



SURABAYA, Indonesia - Hospital Corpsman 2nd Class Andres Custodio, assigned to the staff of Logistics Group Western Pacific, prepares a tooth for extraction during a Medical and Dental Civic Action Project (MED/DENCAP) project in the remote Kelurahan Gisik Cemandi area July 13. Organized by the U.S. Navy and Indonesian Navy, medical professionals from both navies worked side-by-side to provide a variety of basic medical and dental care during the three-day project as part of the Indonesian phase of exercise Cooperation Afloat Readiness and Training 2006 (CARAT). *U.S. Navy photo by Mass Communication Specialist 1st Class Greg Bingaman*

Tripoli Named 2006 Military Times Sailor of the Year

By Christine Mahoney, Bureau of
Medicine and Surgery Public Affairs

WASHINGTON – Cmdr. Louis Tripoli, a Navy Reserve doctor from the National Naval Medical Center, was named the 2006 Sailor of the Year by the Military Times during a ceremony at Capitol Hill, July 13.

"The most important thing to me is that this award recognizes a reservist and a Medical Corps officer. It is a real credit to the people who put me here," said Tripoli. He dedicated his ward to his wife, Michelle.

Tripoli served as a surgeon with Marine Corps 4th Civil Affairs Group in Iraq. "I became part of a Marine family and that is a very special thing," he said.

In November 2004, Tripoli helped re-open a hospital during fighting in Fallujah, which helped save the lives of Iraqis who were caught in the crossfire. He also volunteered to travel with a supply convoy that was one hospital corpsman short.

While working with the State Department, Tripoli was the lead in creating a system that allowed Iraqi children to travel to the U.S. for life-saving medical treatment.

Rep. Gene Taylor (Miss.) hosted the awards ceremony with Sen. Daniel K. Inouye (HI) and Sen. John McCain (Ariz.) served as co-hosts.

Military Times also named Master Sgt. Richard Burnette, Soldier of



the Year; Tech. Sgt. Shane Hobrecht, Airman of the Year; Staff Sgt. Kent Padmore, Marine of the Year; and Yeoman 2nd Class Jeff Jackson, Coast Guardsman of the Year.

"These men and women are an example of the millions who have served and are serving today," said McCain. "I'm honored when I'm in Iraq. I'm very proud when I have the opportunity to see these men and women with full gear on in 120 degree heat, pursuing their cause in search of freedom."

MCPON continued...

(Continued from page 1)

Mullen then congratulated the newest MCPON.

"Master Chief Campa is not just an exceptional corpsman, he's a terrific leader - a command master chief with an enormous wealth of experience in the fleet that makes him the right Sailor at the right time to follow MCPON Scott," Mullen said. "Master Chief Campa, you must know how big the shoes you must fill are, and I have every con-

fidence in you. I appreciate your service and your willingness to step up to this enormous responsibility,"

Campa thanked Scott and his wife in a speech after he accepted the office, offering his deep appreciation for their hard work improving the lives of Sailors and Navy families.

"Together you have made the Navy a better place," he said.

Campa then acknowledged his predecessors and set the direction for his term in office.

"I want every Sailor to achieve the full measure of their potential because it not only makes them better Sailors - it makes them better citizens," said Campa. "And like my predecessors, this is where my commitment lies and this is where my energy will be focused."

Campa most recently served as Command Master Chief, Joint Task Force Guantanamo Bay after graduating from the Naval War College in Newport, R.I.

Seabees Improve Local Medical Center

By Mass Communication Specialist 2nd Class Erika N. Jones, USNS Mercy Public Affairs

CHITTAGONG, Bangladesh - Seabees of Naval Mobile Construction Battalion (NMCB) 40 offered a helping hand to the hospital staff and patients of the Chittagong Medical College Hospital by completing many needed repairs, July 1-8.

"To be able to help people in need by improving living conditions and overall quality of life has been a learning and humbling experience that I will never forget," said Builder 3rd Class Todd Beeler.

The 15 Seabees, from NMCB 40, who are deployed with the Navy hospital ship USNS Mercy (T-AH 19), made numerous improvements at the local facility by replacing ceiling fans, repairing air conditioning units, building cabinets and painting the pediatric ward.

Moslehuddin Ahmed, a project management specialist with the Office of Population, Health and Nutrition, part of the U.S. Agency for International Development at the American Embassy, was at the hospital observing work performed by the Mercy team.

"I think this is a very wonderful experience here and the people are really appreciative," said Ahmed.

"This is pretty exciting and I'm glad we could help," said Ens. Brian Christner, officer in charge of the team. "Probably the greatest thing we got out of this is friendship - the biggest reward we could ever achieve" The Seabees efforts are done in conjunction with the work done by Mercy's medical crew, which has treated tens of thousands of patients so far during the deployment.

Navy Medical Personnel to Deploy to Landstuhl Military Hospital

By Christine Mahoney, Bureau of Medicine and Surgery Public Affairs

WASHINGTON - Operational Health Support Unit Great Lakes (OHSUGL) will deploy to Landstuhl medical center this November 2006.

"Plans are underway to support the seamless integration of Navy Medicine personnel into the Landstuhl Regional Medical Center team. This will enable the medical staff at Landstuhl to continue providing a superior level of medical, surgical, and preventive healthcare to wounded warfighters," said Capt. C. W. Stiles, MSC, Director Total Force Support, Bureau of Medicine and Surgery (BUMED).

343 positions will be filled by Navy active duty and reservists medical personnel. Reservists will make up the majority of the personnel, filling 315 of the positions. The tour of duty will last for one year.

"Navy Medicine is a global enterprise and is ready to go wherever we are called upon to serve. We have the right people, with the right capabilities, and are ready to

deploy in support of the Navy Marine Corps team and our other sister services," said Stiles.

Landstuhl is currently under the command, and will continue as such, of the Army. Air Force medical personnel are also currently serving at the medical treatment facility as well. This joint military medical team of Air Force, Army and Navy medical personnel will further enhance the already top-quality medical care our service members are currently receiving at the hospital.

"At Landstuhl we will be part of a multi-service integrated team of medical healthcare providers whose primary goal is to provide world-class medical care to every wounded war fighter coming through the door," he said. "Both the reservists and their active duty counterparts have trained all of their professional careers to take care of the wounded. The Landstuhl mission will certainly give them the opportunity to practice those skills, directly impact patient care, and then send those Sailors, Marines, Soldiers, and Airmen home to their families where they can



look forward to a continued recovery with their loved ones' support."

The influx of medical personnel will not disrupt the delivery of health care services. This will be a seamless transition period. Patients will not notice any changes in provided services.

"The benefit will be to our patients who will continue to receive top notch medical care," said Stiles. "For Navy Medicine medical personnel, they are going to have a chance to do that with patients coming in directly from Afghanistan and Iraq."

According to Stiles, the current commitment of Navy medical personnel to Landstuhl is for one year. He stated there is a possibility that commitment can change, but it is too early to make that call.



IRAQ-SYRIA BORDER - Hospital Corpsman Ivan A. Acosta speaks with Iraqi police officers provides security alongside an Iraqi police officer moments before U.S. Marines and local Iraqi leaders unveiled a brand-new grade school in this city of about 30,000 on the Iraq-Syria border in western Al Anbar Province, July 7. About one week before its opening, insurgents planted an improvised explosive device inside the school which would have leveled a good portion of the building, destroying nearly three months of work by Marines and locals, said Gunnery Sgt. Joseph S. Mallicoat, the team leader for the civil affairs team here. *U.S. Marine Corps photo by Cpl. Antonio Rosas*

Quantico Supports Armed Services Blood Drive

By Lance Cpl. Sha'ahn Williams, Marine Corps Base Quantico

MARINE CORPS BASE QUANTICO, Va. - Headquarters and Service Battalion hosted a blood drive to aid the Navy Blood Program and Armed Services Blood Bank (ASBB), July 7.

"Our screening process is more restrictive than the American Red Cross," said Hospital Corpsman 1st Class Larry Navat, an advanced lab technician. "And we get blood from military service members and their families to use for military service members and their families, which cuts costs."

The ASBB is the primary source of blood and blood products distributed worldwide to military medical treatment facilities and military units.

With the Global War on Terrorism in full swing, the need for blood and blood products has increased due to growing number of injured Marines and sailors.

Additionally, the blood drive was held at Quantico because it is the largest battalion in the Marine Corps, which would increase the odds of the ASBB reaching their 100 pint goal, said Col. Carl Fos-

naugh III, H&S Bn. commanding officer.

Marines, from private to colonel, turned out to support the program by giving a pint of blood. They were patient during the hour-long process, which included filling out an extensive survey, being pricked in the finger to test blood iron levels, and sitting through a formal interview before finally being allowed to recline in the donor chair.

The military excludes the donation of blood from troops who have been deployed in Europe for extended periods due to transmitting "Mad Cow Disease," which lessens the number of potential donors.

According to its Web site, if the ASBB does not have enough donors to meet the needs of a sick or injured service member or military family member, blood must be purchased from civilian agencies.

"Fortunately for us, we had a good turnout and collected more than 60 units," Navat said. "We consider that very successful."

The Marines who came volunteered for various reasons, but the general consensus was to give back to fellow troops serving around the world.

"I don't like needles, but others



MARINE CORPS BASE QUANTICO, Va. -

A hospital corpsman tends to a Marine's arm as he donates a pint of blood at the Armed Services Blood Bank blood drive hosted by Headquarters and Service Battalion July 7. U.S. Marine Corps photo by Lance Cpl. Sha'ahn Williams

need me, so I donated," said Sgt. Gabriel Potter, noncommissioned officer-in-charge of the Motor Transport bus section.

Fosnaugh said he plans to continue to support the program.

"This is something we will do in the future whenever the ASBB needs blood," said Fosnaugh.

Lejeune Hospital Welcomes New Skipper

By Raymond Applewhite, Naval Hospital Camp Lejeune Public Affairs

CAMP LEJEUNE, N.C. - Capt. Mark C. Olesen took over the helm as the commanding officer of Naval

Hospital Camp Lejeune from Capt. Richard C. Welton during a change of command ceremony at Marston Pavilion, June 26.

"It is an honor and pleasure to join the Navy and Marine Corps team at Camp Lejeune today. I look forward to working with you and for you," said Olesen.

Olesen reported for duty from National Naval Medical Center, Bethesda, Md., where he served as deputy Commander. He is certified in Occupational and Environmental Medicine by the American Board of Preventive medicine. Olesen is also a certified Medical Review Officer and Independent Medical Examiner. His personal awards include the

Loretta Wheat Award, the Meritorious Service Medal (five awards), the Navy and Marine Corps Commendation medal, and the Navy and Marine Corps Achievement Medal (three awards).

After a three-year tour as the hospital commander, Welton will remain in the Lejeune area and assumed the role as II, Marine Expeditionary Force Surgeon Camp Lejeune, NC.

Olesen told the standing room only crowd of over 300 Marines, Sailors, family members, friends and guests that he was proud to be here to serve the warfighters.



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